

Seaham High School – Week 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DELI BARs				
Tailor-made Sandwiches £2.10 ♥ Salad Boxes £2.10				
Pizzas, £1.50/£1.85 and Hot Sandwiches/Handheld Snacks £2.10				
♥🌿V Baked Potatoes 85p - with Cheese (M), Tuna (F, E, M) £1.35 or any Deli Topping £2.10				
Grab 'n' Go - available at DELI BARs V Cheese Panini £2.10 and V Margherita Pizza £1.50 will be available every day, as an alternative to the named choices				
Cheeseburger Pizza (CG, M) £1.85 BBQ Sausage Baguette (CG, M) £2.10	Ham & Pineapple Pizza (CG, M) £1.85 Hot Shot Chicken & Pepperoni Skewer Wrap (CG) £2.10	V Veg Sizzler Pizza (CG, M) £1.50 Bacon & Brie Panini (CG, M) £2.10	V Cheese & Tomato Pizza (CG, M) £1.50 ♥ Asian Slaw Chicken Pitta (CG) £2.10	Pepperoni Pizza (CG, M) £1.85 Chicken Goujon Wrap (CG) £2.10
A Selection of Readymade Bread Roll Sandwiches £1.30, Cold Wraps £1.85, Cold Pasta Pots 90p				
Available at ALL Service Points V Small Cookie 50p, V Traybake 85p, V Cake Slice 85p, ♥🌿V Fresh Fruit 50p, ♥🌿V Fresh Fruit Pot 85p, V Fruity Oat Yoghurt 85p V Individual Yoghurt 50p, V Chilled Plain Milk £1.00				

FOOD ALLERGIES AND INTOLERANCES - Before choosing your meal, please speak to a member of the catering staff about your requirements

Celery **C** Cereals containing Gluten **CG** Crustaceans **C** Eggs **E** Fish **F** Lupin **L** Milk **M** Molluscs **M**

Mustard **M** Nuts **N** Peanuts **P** Sesame Seeds **SS** Soya **S** Sulphur Dioxide **SD**

♥ Healthier Option

🌿 Vegan

V Vegetarian

🌾 Contains Wholewheat/Wholegrain